



Tough Runner Kids Waiver and Release of Liability

I, the undersigned parent/guardian, hereby give permission for my child, _____, to participate in the Tough Runner Kids event on _____.

I acknowledge that participation in this event involves physical activity and carries a risk of injury.

I assume all risks associated with my child's participation, including but not limited to slips, trips, falls, splinters, contact with other participants, and the effects of the weather.

I release and hold harmless the event organisers, sponsors, and volunteers from any and all claims, liabilities, or damages arising from my child's participation in the Tough Runner Kids, except for those arising from negligence causing death or personal injury.

I certify that my child is in good health and able to safely participate in this event.

I understand that my child will get wet and dirty during the event and I accept this as part of the participation.

I also give consent for photographs and videos to be taken of my child during the event and used for promotional purposes by the event organisers.

Parent/GuardianName: _____(PRINT)

Signature: _____ Date: _____